

Use this guide to help your family learn how God can help us live with confidence.

First, watch
this week's
video!

Confidence:
learning to
see yourself
the way God
sees you

Memory Verse

"Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."
Philippians 1:6, NIV

Bible Story

Shadrach,
Meshach, and
Abednego
Daniel 3

Key Question

When are some times you need to trust God?

Activity

Fire, Wind, Water, Go!

What You Need:

No supplies needed

What You Do:

Together, create simple gestures to represent each of the words below:

- Fire
- Wind
- Water

Practice the gestures until you can both do them quickly. Ask your child to stand back-to-back with you. Explain that, at your signal, they will turn around, face you, and immediately do one of the motions.

Use the following chart to determine the winner:

- Fire defeats wind
- Wind defeats water
- Water defeats fire

Play several rounds and see who has the best record at the end of those rounds!

Talk About the Bible Story

If you had been Shadrach, Meshach, and Abednego, what would you have been thinking before going into the fiery furnace?

How did Shadrach, Meshach, and Abednego feel? *(They had confidence that God would protect them.)*

What happened once they were thrown inside? *(They weren't burned. The king saw that there were four men in the fire. Shadrach, Meshach, and Abednego were released, unharmed.)*

The faith of Shadrach, Meshach, and Abednego made a big impact on Nebuchadnezzar and his whole kingdom. When you trust that God is with you, how can that affect the lives of people around you?

Can you think of some times when you need to trust God, or when you've needed to trust God in the past?

Parent: Talk about a time in your life when it was been difficult to have confidence in God. Were you able to fight those feelings and trust Him anyway?

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for always being with us. It's so good to know that we can trust You no matter what! Please give us confidence so that we can face our challenges head-on. Help us be to confident not just in ourselves, but in YOU. We love You, and we ask these things in Jesus' name. Amen."